









SANCTUARY FOR THE SENSES

Banyan Tree Spa takes a holistic approach to physical and spiritual well-being, providing a Sanctuary for the Senses. Drawing on Asian traditions that date back centuries, our intimate retreats blend romance and serenity with exotic sensuality. The architecture of our intimate spa pavilions and suites draws upon local inspiration to blend seamlessly with the beauty of the natural environment. Our massage treatments are based on evolving techniques that passed through the hands of many generations. Our health and beauty remedies combine the use of aromatic oils, herbs and spices with ancient healing powers. Under the intuitive touch of our therapists, simple sensory pleasures are reawakened, completing the experience that defines Banyan Tree Spa.

Sense of Tranquility: Calm your mind and draw in the tranquility of your surroundings. Sit back and relax as our therapist welcomes you with a soothing Foot Bath. Complete the Banyan Tree Spa experience with some post-treatment time to leave the cares of the world behind over a herbal drink and refreshments. All Banyan Tree Spa treatments come with a complimentary 30-minute Calm Time of refreshments and relaxation. Enjoy the difference.



Royal Banyan

510++

150-minute treatment & 30-minute refreshments and relaxation

This signature therapy features the Royal Banyan Herbal Pouch Massage where a herbal pouch dipped in warm Sesame Oil, complements the East-meets-West massage techniques to improve blood circulation and muscular tension. The Jade Face Massage improves skin condition and firms up facial muscles, leaving behind a glowing complexion.

150-minute treatment includes:

Lemongrass Cucumber Cleanser • Royal Banyan Herbal Pouch Massage • Jade Face Massage • Therapeutic Herbal Bath

Harmony Banyan

650++

150-minute treatment & 30-minute refreshments and relaxation

The highlight of this treatment is a massage conducted by two therapists who complement each other in physique, working in unison on each side of the body to bring about a harmonious sense of well-being. Emerge with smoother skin from the Orchid Brightener – inspired by Singapore's national flower – that gently exfoliates to leave the body refreshed and soft. Luxuriate in the Harmony Massage followed by a Head & Foot Massage. Finally, relish a Therapeutic Orchid Bath to complete this indulgent experience.

150-minute treatment includes

Orchid Brightener • Harmony Massage • Head & Foot Massage • Therapeutic Orchid Bath





In line with its holistic approach to wellness, based on time-honoured Asian healing traditions, Banyan Tree Spa combines Ayurvedic therapies with its range of signature spa treatments to introduce a selection of Banyan Tree Spa Ayurvedic Signatures.

Let the Banyan Tree Spa Ayurvedic Signatures restore your natural balance of energy, leaving you in a renewed sense of bliss.

Peace of Mind 425**

120-minute treatment & 30-minute refreshments and relaxation

Take the weight off your mind with this treatment which begins with an Ayurvedic Massage to ease tension. The dry Herbal Powder Exfoliator follows to remove oil from the body, while exfoliating dead skin cells to unveil smooth and silky skin. Revel in Banyan Tree Spa's signature Rainmist experience, a refreshing treat for the senses, while the Avocado Body Splash effectively nourishes the skin. The Shirodhara treatment works to relieve anxiety, revitalise your mind and dispel insomnia as a soothing stream of warm oil flows onto your forehead to bring about a sense of calm, while you enjoy the Steam Bath.

120-minute treatment includes

Ayurvedic Massage • Herbal Powder Exfoliator • Steam Bath • Rain Shower • Avocado Body Splash • Shirodhara with Steam Bath • Rain Shower with Hair Wash

Perfect Energiser

120-minute treatment & 30-minute refreshments and relaxation

Focused on releasing tension from the lower back, Podi Kishi or warm herbal pouch treatment is the highlight of this signature treatment. The tired body is energised and blood circulation improved with the Ayurvedic Massage. The Marma Face Massage focuses upon the Marma points or energy centres on the face to rebalance the internal body system, relieving the body of stress. As your body drifts into a state of relaxation, the dead skin cells are cleansed from the body with the Lepanam, where a traditional recipe is prepared to moisturise the skin.

120-minute treatment includes:

Podi Kishi • Ayurvedic Massage • Marma Face Massage • Lepanam • Steam Bath

Restful Balance 425**

120-minute treatment & 30-minute refreshments and relaxation

Soothe the tension from your head and calm your mind with a combination of massages and the soothing Shirodhara treatment, where warm oil is poured on your forehead. The treatments improve blood circulation to your head, neck and shoulders, while bringing relief to eye strains and tension headache. The special oil used for these treatments has a calming effect on the body. Your skin is cleansed and smoothed with the Lepanam, where a traditional recipe is prepared and applied to the skin before the cleansing steam experience.

20-minute treatment includes:

425++

Chakra Head Massage • Ayurvedic Massage • Shirodhara • Lepanam • Steam Bath





Inspired by ancient healing traditions passed down from generation to generation, Time-Honoured Traditions feature a selection of classic therapies specially tailored for the ladies and the gentlemen.



Chinese Traditions 500**

150-minute treatment & 30-minute refreshments and relaxation

Experience a complete top to toe indulgence with the harmonising Gui Shi Stones soothingly massaged over your body along with the use of Sesame Oil, exerting warmth and pressure on energy points. Its powers are beneficial for a smoother flow of "qi" and aid to eliminate toxins from your system. The Ginseng Refresher works to hydrate the skin, revealing healthier skin while the Red Rice Healer nourishes the skin through its pouch application.

50-minute treatment includes:

Gui Shi Stones Massage • Ginseng Refresher • Red Rice Healer • Green Tea Scented Emerald Salt Bath

Hawaiian Lomi Lomi

150-minute treatment & 30-minute refreshments and relaxation

An ancient Hawaiian healing treatment that mimics the rhythmic movements of the Hawaiian hula dance, the Lomi Lomi Massage uses full body techniques, applied with rhythmic grace using thumbs, palms and elbows to ease and loosen stressed muscles. The Coconut Body Treat provides a healthy glow and moisturising finish to the indulging experience.

150-minute treatment includes:

Coconut Body Treat • Lomi Lomi Massage • Choice of Facials

Iavanese Lulur

150-minute treatment & 30-minute refreshments and relaxation

Often described as the 'queen' of body treatments, the Javanese Lulur has been practised in the palaces of Central Java since the 17th century and is used by Javanese brides as a purifying ritual before marriage. The imperial top to toe treatment will leave you radiant and glowing.

150-minute treatment include

500++

Balinese Massage • Lulur Purifier • Yoghurt Body Splash • Creamy Honey Enhancer • Floral Bath

Thai Ginger Healer

500++

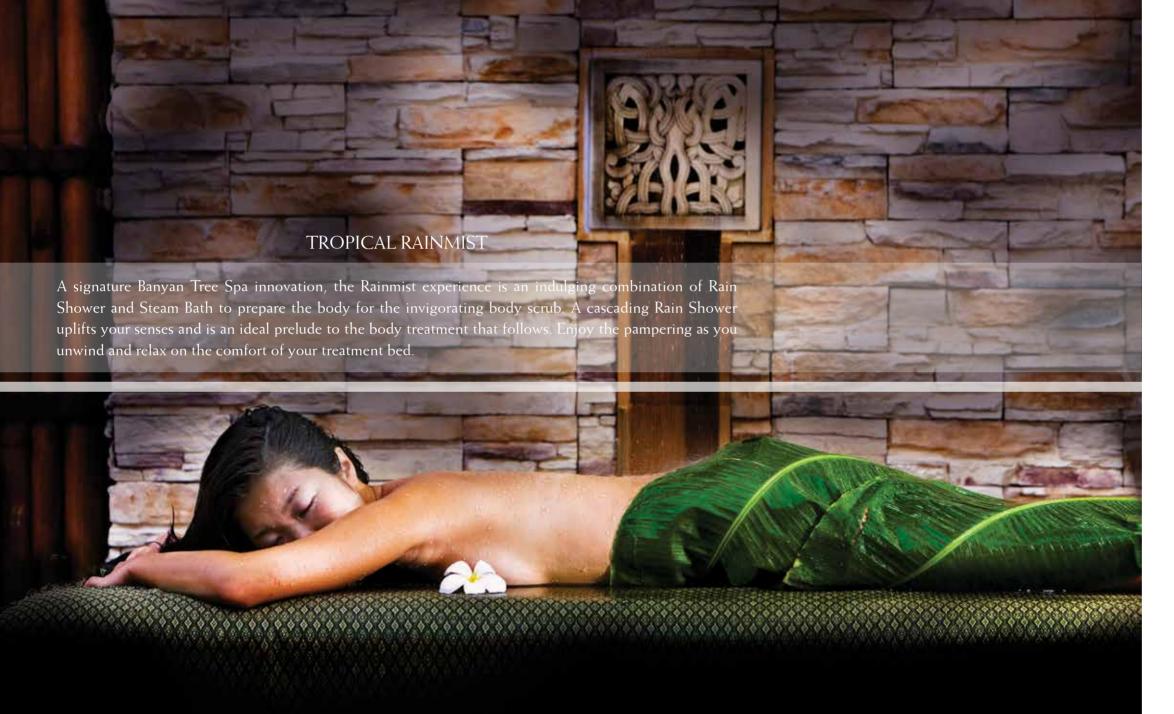
500++

150-minute treatment & 30-minute refreshments and relaxation

Let the warming effect from the Warm Ginger Exfoliator prepare your body for the tension-melting Thai Herbal Heat Treatment that follows. The heat melts the tension from the muscles, leaving your body relaxed and in a state of bliss. The therapist guides you through the Yoga Massage, where the gentle and therapeutic stretching improves circulation and flexibility.

150-minute treatment includes

Warm Ginger Exfoliator • Thai Herbal Heat Treatment • Herbal Enhancer • Yoga Massage • Aromatic Ginger Bath



For Her

Refreshing Sprinkle

500++

150-minute treatment & 30-minute refreshments and relaxation

Luxuriate in an invigorating body scrub to exfoliate dead skin cells, leaving your skin soft and silky smooth. Unwind as the sensory pleasure of the trickling Rain Shower embraces you with indulgent comfort. This session brings you perfect tranquility as tension is massaged away by the therapeutic touch of your therapist.

150-minute treatment includes:

Choice of Massages • Bath Soak • Steam Bath • Rain Shower • Cleansing Mitt Exfoliator • Avocado Nourisher • Face Mask • Steam Bath • Soya Milk Body Splash • Rain Shower with Hair Wash • Rain Shower

For Him

Tranquility Hydro Mist

500++

150-minute treatment & 30-minute refreshments and relaxation

Indulge in this divine treat for the senses, whose highlight is the combination of body treats with the Shirodhara and Head & Shoulders Massage to enhance deep relaxation, relieve stress and calm the senses. This, apart from having your senses tickled by the Rain Shower, is the perfect prelude to a hair shampooing treat, leaving you with uplifted senses and a silky crown.

150-minute treatment includes:

Steam Bath • Herbal Refresher • Rain Shower • Fresh Milk Body Splash • Shirodhara • Steam Bath • Head & Shoulders Massage • Rain Shower with Hair Wash • Body Massage



For Her

Perfect Balance 300**

90-minute treatment & 30-minute refreshments and relaxation

Enliven your skin with an Apple Green Tea Refresher, which effectively cleanses the skin and soothes sensitive skin. Restore the balance to your body with the Balancing Massage which promotes a sense of deep relaxation.

90-minute treatment includes: Apple Green Tea Refresher • Balancing Massage

Pure Bliss 300++
90-minute treatment & 30-minute refreshments and relaxation

Buff away dead skin cells and reveal a healthy glow with the nourishing Ginseng Refresher. Let your entire body feel totally relaxed and refreshed with the Lomi Lomi Massage which loosens muscle tension.

90-minute treatment includes: Ginseng Refresher • Lomi Lomi Massage

Sweet Serenade 300***
90-minute treatment & 30-minute refreshments and relaxation

Perfect for cleansing and reducing fine lines, the brightly coloured Almond Tomato Purifier is rich in Vitamin C and leaves you fresh

and rejuvenated. Blending subtle stretching with rhythmic massage and compressions to balance the body's vital points, the Thai Classic Massage stimulates energy flow, promotes deep relaxation and improves flexibility.

90-minute treatment includes: Almond Tomato Purifier • Thai Classic Massage

For Him

Absolute Lift

300**

90-minute treatment & 30-minute refreshments and relaxation

Feel completely rejuvenated and energised with the Ginger Lemon Cleanser to purify the skin while the Sports Massage improves and tones muscles for better mobility and flexibility, easing muscle aches and pain.

90-minute treatment includes:
Ginger Lemon Cleanser • Sports Massage

Renewed Vigour

300++

90-minute treatment & 30-minute refreshments and relaxation

Emerge with radiant skin with a natural sea salt scrub with anti-bacterial properties to effectively exfoliate dead skin cells. The Swedish Massage effectively stimulates blood circulation and soothes tense muscles to reduce stress.

90-minute treatment includes: Romance Salt Purifier • Swedish Massage

Restored Vitality

300**

90-minute treatment & 30-minute refreshments and relaxation

Experience a renewed sense of well-being with the invigorating Coffee Exfoliator which tones and nourishes the skin. The Balinese Massage is an intense, medium to strong, deep tissue massage, which stimulates blood circulation, improves energy flow and relieves tension.

90-minute treatment includes: Coffee Exfoliator • Balinese Massage



Signature Master Therapist Experience

310++

90-minute treatment & 30-minute refreshments and relaxation

Let the intuitive touch of our expert Master Therapist rejuvenate and restore energy that was thought to be long gone. A 90-minute massage performed by an elite group of highly skilled Master Therapists, the Master Therapist Experience draws on the experience of the therapists to tailor a massage using a repertoire of signature Banyan Tree Spa massage techniques which are adapted to suit each individual guest.

Asian Blend 220++/290++

60-minute treatment & 30-minute refreshments and relaxation 90-minute treatment & 30-minute refreshments and relaxation

A medium to strong 60- or 90-minute massage that is adapted from traditional Thai massage techniques. No oil is used and a two-piece outfit is worn. Palms and thumbs are applied to pressure points to relieve tired muscles and to improve blood circulation.

Balancing 220**/290**

60-minute treatment & 30-minute refreshments and relaxation 90-minute treatment & 30-minute refreshments and relaxation

Balance your body, mind and soul with this soothing 60- or 90-minute massage that uses palm strokes with thumb circular movements to work on tired muscles, promoting a sense of deep relaxation and improving the body's mobility. The Soothing Oil, a harmonious blend of rose, plai, chamomile and Vitamin E, is used for its skin renewal and repair properties.

Balinese 220⁺⁺/290⁺⁺

60-minute treatment & 30-minute refreshments and relaxation 90-minute treatment & 30-minute refreshments and relaxation

A medium to strong 60- or 90-minute deep tissue massage where the therapist uses thumb and palm pressure and firm strokes to stimulate blood circulation, improve energy flow and relief tension. The massage is complemented with Spirit Oil, a blend of ylang ylang, plai and black pepper, for its warming and circulation benefits.

Island Dew 220**/290**

60-minute treatment & 30-minute refreshments and relaxation 90-minute treatment & 30-minute refreshments and relaxation

A gentle 60- or 90-minute massage specifically devised for sensitive skin, where long palm strokes and thumb pressure are applied to relieve tired muscles. The Soothing Oil, a harmonious blend of rose, plai, chamomile and Vitamin E, is used for its skin renewal and repair properties. For best results, leave the oil on the skin after the massage.

Lomi Lomi 220⁺⁺/290⁺⁺

60-minute treatment & 30-minute refreshments and relaxation 90-minute treatment & 30-minute refreshments and relaxation

Originating from Hawaii, this is a deeply revitalising massage. Our therapist uses full body techniques, applied with rhythmic grace using thumbs, palms and elbows. The 60- or 90-minute massage using Love Oil, a blend of ylang ylang, geranium, lavender and black pepper, eases and loosens stressed muscles leaving the entire body totally relaxed and refreshed.

Sports 220⁺⁺/290⁺⁺

60-minute treatment & 30-minute refreshments and relaxation 90-minute treatment & 30-minute refreshments and relaxation

A medium to strong pressure 60- or 90-minute massage that uses intense strokes to improve and tone muscles for better mobility and flexibility. The Sports Massage is complemented with Spirit Oil, using blends of ylang ylang, plai and black pepper, to inspire creativity. The scent of the essential oil is reminiscent of the breath of Spring.

Swedish 220**/290**

60-minute treatment & 30-minute refreshments and relaxation 90-minute treatment & 30-minute refreshments and relaxation

A distinctly-European, full body massage that stimulates blood circulation and soothes tense muscles. Medium in pressure, this 60- or 90-minute massage uses a combination of three basic strokes, comprising long firm strokes, kneading strokes and small circular strokes, to relieve stress. It uses Peace Oil - a blend of lavender, geranium and black pepper, to enhance inner spirituality.

Tender Touch 220**/290**

60-minute treatment & 30-minute refreshments and relaxation 90-minute treatment & 30-minute refreshments and relaxation

When a gentle touch is called for, this 60- or 90-minute massage is the ideal choice for the care and attention it provides, without compromising on effectiveness and soothing results. Palm strokes are applied in tandem with a rice pouch dipped in warm Clarity Oil, a blend of sesame, jojoba and Vitamin E, which has moisturising and softening properties to nurture the skin. Suitable for matured guests and expectant mothers.

Thai Classic 220**/290**

60-minute treatment & 30-minute refreshments and relaxation 90-minute treatment & 30-minute refreshments and relaxation

This classic 60- or 90-minute massage blends subtle stretching with rhythmic massaging and compressions to stimulate energy flow. The therapist uses traditional Thai techniques and Inner Balance Oil, a blend of bergamot, almond and Vitamin E, applying deep palm strokes on the back with delicate stretching - the perfect combination to promote deep relaxation while improving flexibility.

Back Massage

130++

30-minute treatment & 30-minute refreshments and relaxation

For those who spend long hours working at the desk or encounter backaches, this 30-minute massage serves as the perfect relief to iron out the tension and pain.

Banyan Foot Massage

130++

30-minute treatment & 30-minute refreshments and relaxation

A relaxing 30-minute foot massage concentrating on the pressure points of the feet to help rejuvenate tired, painful muscles from your soles to the tips of your toes.

Head & Shoulders Massage

130++

30-minute treatment & 30-minute refreshments and relaxation

Feel the tension and stiffness of the neck and shoulders melt away with this 30-minute invigorating massage that targets tension hotspots of the neck and shoulders while the head massage alleviates stress and calms your senses.

Relaxing Foot Massage

230++

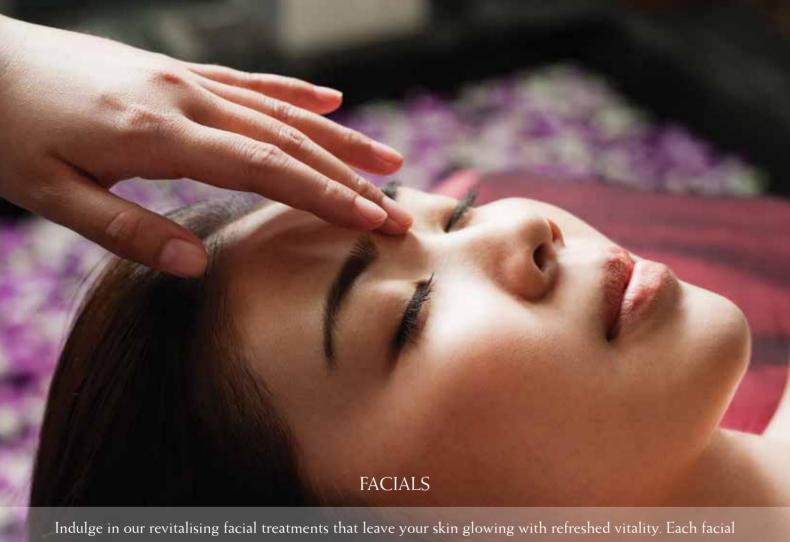
60-minute treatment & 30-minute refreshments and relaxation

This healing 60-minute foot therapy is highly recommended for those with tired legs and feet. The massage aids in alleviating stress and boosting body circulation. Ailments in the form of fatigue, low-energy levels, aches and pains can be relieved with this pressure point foot massage.



Prices are listed in Singapore Dollars.

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includes a Head, Neck & Shoulders Massage to surround you in a state of total bliss.

Luminescence Restorer

90-minute treatment & 30-minute refreshments and relaxation

60-minute treatment & 30-minute refreshments and relaxation

Glow with the Exclusive Banyan Tree Sta Diamond-Instired Facial

Glow like a star with this luxurious pampering facial. Drawing upon the inspiration where the luxury and brilliance of a diamond is synonymous with a lady's radiant glow, indulge in an innovative anti-ageing treatment to diminish fine lines, restore youthfulness and deeply hydrate the skin. A complete facial ritual for those seeking a sophisticated lifting treatment, this facial is enriched with skin regenerating and anti-oxidant ingredients to reinforce the skin's natural defence against free radicals for a glow of refreshed vitality.

Pure Revitaliser 400++

90-minute treatment & 30-minute refreshments and relaxation

Revitalises and Smoothens Fine Lines

This is the ultimate facial indulgence to reduce fine lines and restore luminosity to the skin. A gentle peel containing Glyolic and AHA is applied before a triple facial massage is performed to revitalise and deeply hydrate the skin. A double mask to lighten pigmentation completes the ritual.

Anti-Oxidant Illuminator

60-minute treatment & 30-minute refreshments and relaxation

Restores Suppleness and Infuses Skin with Vital Anti-oxidants

A revitalising anti-oxidant facial that deeply focuses on protecting the skin from environmental pollutants while providing exceptional firmness. The experience begins with a gentle exfoliation of the Vitamin C micro-granulated scrub before an application of an anti-ageing concentrated pure Vitamin C serum for maximum hydration. A massage with Vitamin C cream enhances clarity and a restoring mask locks in the moisture for an instant glow.

Nurtures Soothes and Refreshes

Calming Soother

Suitable for the most delicate skin, this hypoallergenic and parabenfree facial effectively nourishes, stimulates, and calms irritated skin with a Tolerance Recovery Cream containing peptide complex. The soothing mask, infused with floral and green tea extracts. balances the skin tone. Complete this unique experience with a light ultra-hydrating fluid which leaves the skin glowing and refreshed.

Instant Renewal

220++

220++

60-minute treatment & 30-minute refreshments and relaxation

Promotes Skin Renewal and Reduces Fine Lines

Experience an instant glow with firmer-looking skin after this facial. A rich, nourishing moisturiser containing isoflavones is applied to the face to promote the improvement of skin collagen and renewal of skin cells. A revitalising and firming mask completes the experience.

Radiance Revival 220++

60-minute treatment & 30-minute refreshments and relaxation

Lightens Pigmentation and Dark Spots

A blissful treat to the face, this facial encourages the oxygen intake of the skin to restore radiance and effectively lightens pigmentation and dark spots. An Oxygen Firming Mask helps to alleviate fatigue and stressed skin, bringing about a clearer and radiant-looking complexion.



Chrysanthemum Enhancer

130++

30-minute treatment & 30-minute refreshments and relaxation

For All Skin Types

A nutritious mix of dried chrysanthemum, honey and lemon juice provides a moisturising treatment to revitalise the skin. These nourishing ingredients are blended with soya milk to enrich and soften the skin.

Honey Avocado Healer

130++

30-minute treatment & 30-minute refreshments and relaxation

For Dry/Sensitive Skin

Ultra-moisturising honey and creamy avocado make up this nourishing body conditioner that improves skin condition and restores softness to the skin. Its delightful fragrance leaves you feeling refreshed.

Pumpkin Nourisher

130++

30-minute treatment & 30-minute refreshments and relaxation

For All Skin Types

Slather on this enzyme-based pumpkin treatment that contains milk, olive oil and rose water. Instant oatmeal and corn flour is added to a pumpkin paste that is applied to your body, suffusing an overall cooling effect with a treatment wrap. Then, our therapist will rub off the moisturising concoction gently with her palm revealing soft and supple skin.





Banyan Hand Basics

* Banyan Foot Basics

110++

90-minute treatment

Keep your hands and nails in tip top condition as nails are cleaned, trimmed and shaped according to your preference, while the hands are scrubbed and conditioned. A relaxing Hand Massage completes the treatment before an application of nail polish or nail buff.

Hand Bath • Hand Scrub • Nail Maintenance • Hand Massage • Nail Painting or Buffing

Banyan Hand Deluxe 150**

120-minute treatment

An intensive hand care treatment where a nourishing Hand Scrub renews the skin before nails are trimmed and shaped. The paraffin mask is used to restore suppleness and prevent premature ageing. During the Paraffin Treatment, a Head & Shoulders Massage is performed to heighten this royal experience. Nail Painting or Buffing perfects the picture.

Hand Bath • Hand Scrub • Nail Maintenance • Hand Massage • Paraffin Treatment • Head & Shoulders Massage • Nail Painting or Buffing

Give your feet the attention that they deserve with this essential foot care routine. The feet are first given a Foot Bath to cleanse, deodorise and soften the skin. The nourishing Foot Scrub helps to slough off dead skin. Then, nails are trimmed and shaped to your preference. This foot ritual continues with a relaxing Foot Massage and ends with a neat application of nail polish or buff.

Foot Bath • Foot Scrub • Nail Maintenance • Foot Massage • Nail Painting or Buffing

Banyan Foot Deluxe

90-minute treatment

150++

120-minute treatment

The treatment begins with a routine of cleansing and conditioning, followed by an invigorating massage. A moisturising paraffin foot mask wraps up this indulgent pedi-spa experience, while your therapist administers a Head & Shoulders Massage. Walk away with polished feet thanks to the application of Nail Painting or Buffing.

Foot Bath • Foot Scrub • Nail Maintenance • Foot Massage • Paraffin Treatment • Head & Shoulders Massage • Nail Painting or Buffing



Banyan Hair Care

Select from a range of tailored hair care treatments and experience the healing touch of the hair products developed by Banyan Tree Gallery to suit different hair types.

Short	120**
Medium	150++
*Long	180++

Hair Rejuvenation

90-minute treatment

For Dry and Damaged Hair

Let the rejuvenating benefits of this hair care experience repair and soothe damaged hair, bringing back a healthy shine and effectively repairing split hair.

Shampoo • Hair Mask • Hair Toner • Hair Mist • Blow Dry

Hair Relaxant

90-minute treatment

For All Hair Types

Restore the shine to your tresses as your hair is strengthened and as you show off your shiny and healthy crown.

Shampoo • Hair Mask • Hair Toner • Leave-on Conditioner • Blow Dry

Hair Shine

90-minute treatment

For Oily Hair

Along with the hair care products, a warm herbal pouch is used to stimulate blood circulation to your scalp. Excess sebum is controlled, and tresses are kept moisturised.

Shampoo • Herbal Compress • Hair Toner • Blow Dry

Banyan Hair Basics

Hair Cut with Shampoo and Blow Dry

Ladies' Hair Cut

Short	120**
Medium	140**
*Long	160++
Men's Hair Cut	80**
Children's Hair Cut	50**
Hair Wash & Blow Dry	
Short	40**
Medium	50++
*Long	60**

^{*} Hair longer than shoulder length is considered long hair Prices are listed in Singapore Dollars.

DEPILATORY WAXING

Experience fast and effective waxing in the comfort of the spa.

Eyebrows	40+-
Upper Lip	40+-
Underarms	40+-
Full Arms & Underarms	90+
Bikini Line	60+
Brazilian	100+
Half Legs	80+
Full Legs	120+-

